UTHRs Trip Checklist

Pre-Trip Planning

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Destination:			Date & Tim	es:_	Carpool Location:
Have you:					
	Acquired the necessary maps (and GPS route coordinate, if applicable)				
	Acquired the phone # of the county sheriff or park ranger (check your map). You <i>must</i> carry this number during your trip in case of an emergency (you can also call 911).				
	Researched 1) the best access; 2) the best route for conditions expected				
	Identified 1) an alternative route; 2) a bail out route if conditions change				
	Obtained all necessary permits *Point of departure/access *Individual/group parking permits *Route/site camping permits				
	Acquired Trip List (on-line or from the clubhouse). Make sure everyone (guests too) has signed The Waiver. If not, they can not participate. Signing waivers at the trailhead is not acceptable.				
	Placed add on Website and in Go Guide (must be done by the 10 th of the month prior to the trip)				
	Identified any gro	up s	gear to be shared or	spe	cial individual equipment needs
IMPORTANT: Leave trip details, plus a roster of participants and emergency contact numbers with someone responsible. If Mountaineers trip, give them the Mountaineers emergency number (206) 335-0566. If non-Mountaineers, give them the phone number of the county sheriff or park ranger.					
Communication					
How can the participants contact you (home phone, cell phone, e-mail)? Provide this information in you add along with a deadline if you are not available up until the start time of the trip.					
Did you tell the participants (via Mountaineers web-site or Go Guide):					
	Skill level required		Exact destination		Dates/times out & Required Maps returning
<u> </u>	Mileage/Gain		Required Gear		Amount of money for food, carpooling, permits, etc.
□ F	Party Size		Carpool location		Potential post-trip gathering for a meal
At the Tuellheed					

At the Trailhead

- Introduce yourself (co-leader) & first aid leader, have participants introduce themselves
- ❖ Do a quick visual check for appropriate gear. If a participant doesn't look prepared, discretely talk to him/her. You can usually scrounge up extra gear from other participants if necessary.
- Discuss your expectations for the trip (pace, group staying together, waiting at intersections and water crossings, identify a rear guard, etc.)
- Agree on breaks and turn around times

During the Trip

- Since UTHRS is socially oriented you should strive to keep the group together
- Watch the weather for changes
- Assess participants' condition
- Turn around at scheduled time

At the End of the Trip

- ❖ All cars should depart at the same time (make sure all cars start before leaving)
- Identify the restaurant if a post-trip stop is happening
- Check in with your local contact person